

## SUCCESS LEADERSHIP TEAMBUILDING

# [ Play B.I.G.® ]

### *Transforming Organizations & Empowering People*

*"You need to understand that your choices are just that - YOUR CHOICES. You have the ability to respond to each and every situation by choosing. If you don't like how things are going - choose differently."* - **Pegine Echevarria**

### **Brief Summary**

You have a choice!  
Either you choose to Play B.I.G.® or you choose to play small.



Choosing to Play B.I.G.® reaps rewards that include energy, prosperity, inspiration, creativity and love. Playing small brings chaos into our lives and businesses. When we play small we experience fear, debt, limits and strangled relationships.

The program focuses on five of the most frustrating behaviors that stop people from reaching their highest potential and the seven behaviors that make a world of difference.

This program is interactive, funny and animated with lots of strategies, lessons and tips. The audience laughs while networking with each other and learning various techniques that reap positive rewards.

**Play B.I.G.®, How to Get Out of Your Head & WIN at LIFE**

### **Selected Points**

- How to identify the five behaviors that hold people back.
- How to acknowledge and change negative behaviors in mid stream.
- How to thwart people exhibiting the five small behaviors before they interrupt your day.
- How to deal with people at work and at home.
- How laughter can transform your point of view.

### **Participants will:**

- Learn several techniques to thwart the five small behaviors that disrupt their work and lives
- Enjoy themselves while laughing so hard tears run down their face.
- Interact with their fellow audience members. They will make new connections and reconnect with old friends.
- Increase their knowledge regarding human behavior (their own and others) and how to improve relationships with others
- Walk away energized, connected and prepared to take on the world.

